

A colleague of mine used to end every Lenten service with "I hope you have a miserable Lent!" This friend was not a curmudgeon, but he was a wordsmith. Suspecting a trick, I looked up 'miserable' in my trusty Oxford Dictionary: "wretchedly unhappy or uncomfortable." Finding no trick, I asked my friend for a deeper analysis. He explained that the history of Lent is to grieve or be sorrowful for our sins - those times when we have turned away from God. And that anytime we turn away from one of God's children, we are turning away from God - from sinning. And that is to be grieved. He was hoping that people would take a new look at their lives, and feel so grieved by how they had turned away from God that they were inspired to change. He wanted them to be miserable: unhappy and uncomfortable with their indifference to others' suffering, their anger against their loved ones, their cynicism against the 'other', their selfishness, their bitterness, their... sin. He wanted them to have a spiritual awakening to redirect their lives towards God. Imagine how the world around us would change, if we were all so miserable that we made the change happen. Imagine the new depths of faith and heights of compassion that we might experience as a result of those changes. Imagine how much closer to God we might become if we acknowledged the wretched unhappiness of our sin, and repented and returned to the Lord. Imagine what might happen if we had a miserable Lent.

Rev. Laura Marie

# St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: Rev. Laura Marie Piotrowicz  
 Organist & Choir Director: Barbara Butler

*To all who mourn or need comfort,  
 To all who are weary and need rest,  
 To all who seek friendship,  
 To all who desire to grow in relationship with God  
 To all who yearn to pray,  
 To all who need a Saviour, And to all whoever will worship,  
 This Church of St. John's opens wide its doors  
 and in the name of Christ our Lord, says - WELCOME.*

**LAY MINISTERS TODAY**  
 Lay Readers: 8:30 am Robert MacMillan; 10:30 am Susan MacMillan  
 Lectors: 8:30 am Carolyn Hogg, Gill Osmond  
10:30am Bruce Holdbrook, Lillian Keeping  
 Sidespersons: Denyse & Michael Lee

**NEXT SUNDAY MARCH 17th**  
 Lay Readers: 8:30 am Susan MacMillan; 10:30 am Stephen Lewis  
 Lectors: 8:30 am Ben Smith, Ed Jordan  
10:30am Heather Eisenhauer, Haigh Carthew  
 Sidespersons:

# The Holy Eucharist

Communion Setting - Schubert/Proulx

Prelude: He Who Relies on God's Command - J.S. Bach  
Prelude in A minor - Goltermann

Please Stand and join in singing:  
Processional Hymn #342 'We Praise You, O God'

Children's Talk

## The Gathering of the Community

The grace of Jesus Christ,  
the love of God,  
and the friendship of the Holy Spirit,  
be with you all.

All And also with you.

Celebrant Almighty God,  
All to you all hearts are open, all desires known,  
and from whom no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

## The Collect of the Day

Celebrant Let us pray. The community prays silently.  
The celebrant then says the collect.

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

## The Proclamation of the Word

### A READING FROM THE FIRST BOOK DEUTERONOMY

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his

name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.  
DEUTERONOMY 26:1-11

The Word of the Lord. Thanks be to God.

### PSALM REFRAIN He shall give his angels charge over you.

He who dwells in the shelter of the Most High, abides under the shadow of the Almighty. He shall say to the Lord, "You are my refuge and my stronghold, my God in whom I put my trust." R

Because you have made the Lord your refuge, and the Most High your habitation. There shall no evil happen to you, neither shall any plague come near your dwelling. R

For he shall give his angels charge over you, to keep you in all your ways. They shall bear you in their hands, lest you dash your foot against a stone. R

You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet. Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my name. R

He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honour. With long life will I satisfy him, and show him my salvation. R  
PSALM 91

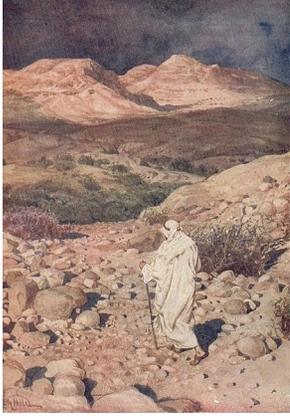
### A READING FROM THE LETTER TO THE ROMANS

"The word is near you, on your lips and in your heart" that is, the word of faith that we proclaim; because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."  
ROMANS 10:8B-13  
The Word of the Lord. Thanks be to God.

Gospel Hymn #447 'Lord, We Hear Your Word with Gladness'

## Gospel

The Lord be with you. People And also with you.  
THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO  
LUKE People Glory to you Lord, Jesus Christ.



Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the

pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time. LUKE 4:1-13

The Gospel of Christ. Praise to You, Lord Jesus Christ.

Sermon: The Reverend Laura Marie Piotrowicz

The Nicene Creed Let us confess our faith, as we say,  
We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven: by the power  
of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man. For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.

With the Father and the Son he is worshipped and glorified.  
He has spoken through the prophets.  
We believe in one holy catholic, and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

The Prayers of the People Please kneel or sit for the prayers.

Response: Lord, have mercy.

Diocesan Cycle: Pray for Retired Clergy in Cape Breton Region:  
Reverend Canon Fev Arnold and Joyce, Rev Gordon Granchelli and  
Georgina, Rev Dennis Hayward and Deb, Rev Glen Kent and Glenda, Rev  
Vernon Reid and Bong, The Reverend Canon Reg MacDonald and Sandy.  
Widows: Mrs. Eleanor Pyke, Mrs. Laurie Wainwright.  
Local Ministerial: The Congregation of St. John's Anglican Church and Rev'd  
Laura Marie Piotrowicz.  
Fisheries: Adams & Knickle - Cachalot I  
Clearwater - Atlantic Protector; Tall Ship - Picton Castle;  
Scientific Research Vessel - Joides Resolution.

## CONFESSION AND ABSOLUTION

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners and invites them to his table.  
Let us confess our sins, confident in God's forgiveness.

Silence is kept.  
Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver  
you from all your sins, confirm and strengthen you in all goodness, and  
keep you in eternal life; through Jesus Christ our Lord. Amen.

## THE PEACE

Celebrant: The peace of the Lord be always with you.

All: And also with you.

The assembly greets one another in the name of the Lord.

## The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn 'In Christ Alone' - Getty/Townend

CHORUS: In Christ alone my hope is found;  
He is my light, my strength, my song;  
This cornerstone, this solid ground,  
Firm through the fiercest drought and storm.  
What heights of love, what depths of peace,  
When fears are stilled, when strivings cease!  
My comforter, my all in all-  
Here in the love of Christ I stand.

In Christ alone, Who took on flesh,  
Fullness of God in helpless babe!  
This gift of love and righteousness,  
Scorned by the ones He came to save.  
Till on that cross as Jesus died,  
The wrath of God was satisfied;  
For ev'ry sin on Him was laid-  
Here in the death of Christ I live.

There in the ground His body lay,  
Light of the world by darkness slain;  
Then bursting forth in glorious day,  
Up from the grave He rose again!  
And as He stands in victory,  
Sin's curse has lost its grip on me;  
For I am His and He is mine-  
Bought with the precious blood of Christ.

No guilt in life, no fear in death-  
This is the pow'r of Christ in me;  
From life's first cry to final breath,  
Jesus commands my destiny.  
No pow'r of hell, no scheme of man,  
Can ever pluck me from His hand;  
Till He returns or calls me home-  
Here in the pow'r of Christ I'll stand.

Parishioners share in gathering the offering of God's people.  
Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church to be placed on the altar.

The Prayer over the Gifts Read by celebrant

God our refuge and our strength, receive all we offer you this day,  
and through the death and resurrection of your Son transform us to his  
likeness. We ask this in his name. Amen.

## The Great Thanksgiving - Eucharistic Prayer #2

The Lord be with you. And also with you.  
Lift up your hearts. We lift them to the Lord.  
Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all. In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

All Holy, holy, holy Lord #735

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me." Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the Holy Church, now and for ever. Amen.

All Christ Has Died #738

## THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
for ever and ever. Amen.

## THE BREAKING OF THE BREAD

The celebrant breaks the consecrated bread for distribution, and says:  
We break the bread of life,  
and that life is the light of the world.  
God here among us, light in the midst of us, bring us to light and life.

The celebrant invites the people to share in communion and may say,  
The gifts of God for the People of God.  
Thanks be to God.

## The Communion CP#747

Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us peace.

The celebrant and people then receive communion.  
The body of Christ (given for you). The blood of Christ (shed for you).  
The communicant responds each time, Amen.

The Anglican Church of Canada welcomes to Holy Communion,  
all who are baptized and who wish to be nourished  
with the Body and Blood of Christ.

During Communion, hymns may be sung, silence may be kept.  
Communion Hymn #179 'Tree of Life and Awesome Mystery' (v. 1-5  
and 1st Sunday)

## The Prayer after Communion Read by celebrant

Faithful God, in this holy bread you increase our faith and hope  
and love. Lead us in the path of Christ who is your Word of life. We  
ask this in his name. Amen.

## Doxology

Glory to God,  
whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation, in the Church  
and in Christ Jesus, for ever and ever. Amen.

## Blessing & Dismissal

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty, Father + Son, and Holy Spirit,  
be with you now and remain with you always. Amen.

Go in peace to love and serve the Lord.  
Thanks be to God.

Recessional Hymn #564 'Lead Us, Heavenly Father, Lead Us'

Postlude: Moderato in C - Rinck

The Worship has ended. Our Service to the world begins.

## NOTICES

Our Annual General Meeting will be held at the Parish Hall  
after the 10:30am service today.

A Celebration of New Ministry for Rev. Laura Marie Piotrowicz will  
be held here at St. John's March 31<sup>st</sup> at 4pm.

There will be no Sunday School or Nursery on March 17<sup>th</sup>, the first  
Sunday of March break. March 24<sup>th</sup> is Family Service. Nursery and full  
classes will resume on March 31<sup>st</sup>.

BAPTISM will be held on Holy Saturday, April 20<sup>th</sup> at 4pm. Please  
contact the Parish office if you or a child would like to be baptised.

First Communion Classes will be held with Rev. Laura Marie, for children  
in Grade 3 and up consisting of four-45 minute classes with two time  
options-Sundays March 24<sup>th</sup> at 1:00pm or Tuesdays March 26<sup>th</sup> at 6pm.

LENTEN FELLOWSHIP Please join us in the parish hall for coffee and  
fellowship following the 10.30 services during Lent.

## LENTEN CAFÉ, FELLOWSHIP & WORSHIP

The annual Lunenburg Lenten Café will be held once again at Zion Lutheran Church the Wednesdays in Lent, from 11am - 11:45am. Each week, various clergy lead a creative worship and reflection.

Offering to the Lunenburg Food Bank

March 13 - St. John's Anglican  
 March 20 - St. Andrew's Presbyterian  
 March 27 - St. Norbert's Roman Catholic  
 April 3 - Central United  
 April 10 - St. Barnabas, Blue Rocks

### Music Announcements:

Music and Meditation for Lent on Wednesday, March 13 at noon features Janelle Lucyk, soprano; Sarah Myatt, mezzo soprano; and Peter Togni, piano. All are invited to attend and enjoy these half hour musical presentations. Free will offering in support of St. John's Music Program.

Do you have any favourite hymns that are not in 'Common Praise'? Do let Barbara know and copies will be placed in the congregational black binders that are used on 'gospel' Sundays.

Musique Royale presents the Vancouver Chamber Choir here at St. John's Church this afternoon at 3 pm. - the final concert of their coast to coast tour. Tickets: \$30 at the door.

The Heritage Committee announce that the Memorial Document (Book) is available for review by the parishioners starting today. It is located on the table at the back of the centre aisle, left side of Nave. There is a stand indicating what it is and instructions not to remove it.

### OUR HERITAGE

#### A short history of the Parish of St. John's, Lunenburg (Continued)

In 1871 the church and tower were moved 25 feet in order to provide space for the building of a chancel. The nave was extended by 10 feet at the time as well. The layman most interested in the design of the chancel was the High Sheriff J.H. Kaulback. He gave the three stained glass windows in the apse. They were made in Boston. The St. Paulus and St. Johannes windows preserve the German names of the saints. The blue ceiling with its gilded stars and the painting on the east wall of the chancel are thought to be the work of a parishioner by the name of Mr. Page. He completed his work in the 1870's. The beautiful carved oak altar was given as a memorial in 1926 and is a splendid example of the skill and workmanship of the Globe Furniture Company of Kitchener, Ontario. The central carving in the altar is a reproduction of The Leonardo de Vinci painting of The Last Supper.

(To be continued)

By Heritage Ministry

## DUTY SCHEDULE

Promised Doves...Missy Romkey...Laura Eisner...Olivia Romkey  
 Rainbow Sunshine...Chasity Spindler...Jasmine Saunders  
 The Giraffes...Wayne Dodge; Golden Dogs...Brooke Nodding  
 General Assembly...Brooke Nodding  
 Music Support...Rev. Dr. Wendell Eisner

### Parish Contacts

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SECRETARY: Mary Wagner • PARISH OFFICE: 902-634-4994

email: stjohndlunenburg@bellaliant.com;

WEB: www.stjohndlunenburg.org

HONORARY ASSOCIATES: Rev. Linda Macdonald • 902-634-9473,  
 Rev. Oliver Osmond • 902-634-8589

### PARISH WARDENS

Duncan Crowdis 902-521-9724 • Blake Starratt 902-634-9424

• Robert MacMillan 902-527-0122

### CHAIR OF PARISH COUNCIL

Brooke Nodding 902-634-9425

ORGANIST/CHOIR DIRECTOR

Barbara Butler 902-624-0506

HAND BELLS Sharon Hill 902-634-8781

CHIMER Peter Allen 902-634-4668

TREASURER Dan Sargeant 902-237-9728

ALTAR GUILD Maureen Moffatt,

Ann Grandy, Barbara Simonds

PASTORAL VISITATION Vacant at this time

PRAYER & HEALING MINISTRY

Linda Macdonald 902-634-9473

SPIRITUAL DEVELOPMENT

Vacant at this time

HERITAGE Roger Demone 902-543-5753

MUSIC Jane Ritcey Moore 902-275-4834

PROPERTY Wayne Dodge 902-634-4885

LADIES' GUILD

Susan MacMillan 902-634-3019

ACW Barbara Nowe 902-634-4473

ACW CATERING Patty Tanner 543-3474

LAY READERS Roger Demone 543-5753

SERVERS Sheila Morris 902-634-3713

### SUNDAY SCHOOL & NURSERY

Rena Demone 902-634-9644

TOURS Peter Allen 902-634-4668

CONGREGATIONAL DEVELOPMENT

Mary Meisner 902-634-8429

FOOD BANK Emmi Fraser

MEALS ON WHEELS Laura Roblee

902-521-4823, Barbara Simonds 902-634-3319

PLANNED GIVING

Jim Eisenhauer 902-634-4713

PWRDF David Penney 902-209-1626

REGIONAL COUNCIL

Mary Meisner, Betty Lou Olivier

SAFER CHURCH

Duncan Crowdis 902-640-2214

SYNOD DELEGATES

Duncan Crowdis, Robert MacMillan

CUSTODIAN Paul Woodley

SEXTON Paul Woodley

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Janice & Brian Kenefick 902-764-2145

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