



Who do you say that I am? And He began to teach them that the Son of Man must suffer many things. Mark 8:27,31

Alvin's Message

Welcome to the Church of Saint John

This morning our Holy Gospel story is about the Transfiguration. On Mount Tabor Jesus' disciples got a glimpse of the glory that was His as the Son of God. It was an awe experience for the disciples, so much so that Peter exclaimed, "Lord, it is good for us to be here." It is good for us as well for we get a glimpse of our glory, because we are children of God.

The transfiguration story is an Epiphany/showing forth/manifestation story. In such stories, the veil which separates the invisible from the visible world is removed for a moment, and the truth is revealed. It seems that the transfiguration story about Jesus is older than the voice at Jesus' baptism and older than the manifestation of Jesus to the Magi. Two distant giants appear to Jesus - Moses and Elijah. Moses represents the Law while Elijah represents the prophets. Thus Jesus is seen as bringing the Law and the prophets to fulfilment. *Alvin+*

THOUGHT FOR TODAY

"To take care of oneself is the first law of nature, but to deny oneself is the first law of grace. If any want to become my followers, let them deny themselves and take up their cross and follow me."

Anonymous

St. John's Anglican Church

Lunenburg, Nova Scotia

Priest-in-Charge: Reverend Alvin Westgate
Organist & Choir Director: Barbara Butler

To all who mourn or need comfort,

To all who are weary and need rest,

To all who seek friendship,

To all who desire to grow in relationship with God

To all who yearn to pray,

To all who need a Saviour, And to all whoever will worship,

This Church of St. John's opens wide its doors

and in the name of Christ our Lord, says - WELCOME.

Heritage Faith Vision

St. John's - A National Historic Site - Founded 1753

LAY MINISTERS TODAY

Lay Readers: 8:30 am Kevin Skinner

10:30 am Robert MacMillan, Heather Hyson

Lectors: 8:30 am Christina Pottie, Cathy Ramey

10:30 am Family, Rosemary Smith

Sidespersons: 10:30 am Angela & Alex Payne

Server: Aisling Curtin

NEXT SUNDAY MARCH 4TH

Lay Readers: 8:30 am Barbara Eisenhauer

10:30 am Charlene Demone, Roger Demone

Lectors: 8:30 am Linda Macdonald, Ed Jordan

10:30 am Patsy Perkins, Lynn Ellis; Server: Aisling Curtin

Sidespersons: 10:30 am Angela & Alex Payne

The Holy Eucharist

Prelude: Why Should I Myself Be Grieving?

Chorale and Variations - Walther

Hymn #5 'Christ Whose Glory Fills the Skies'

The Gathering of the Community

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People And with thy spirit.

All Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

The Collect of the Day ~Peyton Nickerson, Kaylee Fox

Almighty God, whose Son was revealed in majesty before he suffered death upon the cross, give us faith to perceive his glory, that being strengthened by his grace we may be changed into his likeness, from glory to glory; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

The Proclamation of the Word

A READING FROM THE BOOK OF GENESIS Lori & Peyton Nickerson

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my

covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her." (GENESIS 17:1-7, 15-16)
The Word of the Lord. Thanks be to God.

PSALM ~ Shannon & Kaylee Fox

Psalm Refrain: All the ends of the earth shall turn to the Lord.

Praise the Lord, you that hear him; stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory. For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; but when they cry to him he hears them. R

My praise is of him in the great assembly; I will perform my vows in the presence of those who worship him. The poor shall eat and be satisfied, and those who seek the Lord shall praise him: "May your heart live for ever!" R

All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before him. R

For kingship belongs to the Lord; he rules over the nations. To him alone all who sleep in the earth bow down in worship; all who go down to the dust fall before him. R

My soul shall live for him; my descendants shall serve him; they shall be known as the Lord's for ever. They shall come and make known to a people yet unborn the saving deeds that he has done. R PSALM 22:22-30

A READING FROM THE FIRST LETTER OF PAUL TO THE ROMANS

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as

righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification. ROMANS 4:13-25
The Word of the Lord. Thanks be to God.

Hymn #343 'When All Thy Mercies'

Gospel

Reader: The Lord be with you. People And with thy Spirit.
THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING
TO MARK People: Glory to you, Lord Jesus Christ.

Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah." He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!" Suddenly when they looked around, they saw no one with them any more, but only Jesus. As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead. MARK 9:2-9
The Gospel of Christ. Praise be to thee, O Christ.

FATHER ALVIN'S ALTAR TALK

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead,

and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People Please kneel or sit for the prayers.
Response: Create in us a new heart, O Lord.

Anglican Cycle of Prayer: Pray for Iglesia Anglicana de la Region Central de America, The Most Revd Sturdie Downs, Primate of IARCA & Bishop of Nicaragua.
Diocesan Cycle: Pray for the Parish of Neil's Harbour, Rev. Dr. Carolyn Sharp; Parish of St. Alban's, Sydney, Archdeacon Brenda Drake; Parish of St. John The Baptist, North Sydney, Rev Julio Martin Trejo, and Imelda; Parish of Sydney Mines/Baddeck, Rev Stacey LeMoine and Ted. Local Ministerial: Pray for Father James MacDonald, Rev. Grace Caines-Corkum, Rev. Rick Pryce and Rev. Alvin Westgate.
Fisheries: Adams & Knickle - Maude Adams;
Clearwater - Atlantic Preserver; Tall Ship - Picton Castle;
Scientific Research Vessel - Joides Resolution.

Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

Silence is kept.

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

Celebrant:

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: + have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

The Peace All stand, and the celebrant addresses the people.

The peace of the Lord be always with you.

And also with you. During the cold/flu season we will not greet one another.

The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn # 602 'Lift High the Cross'

We welcome to our Eucharist the Sunday School children and teachers. Representatives of the parish present the gifts of bread and wine for the Eucharist. Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church.

The Prayer over the Gifts

God of wisdom, may the light of the eternal Word, our Lord and Saviour Jesus Christ, guide us to your glory. We ask this in his name. Amen.

The Great Thanksgiving

The Lord be with you. And also with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

Holy, holy, holy Lord, (Sung CP#722)
Lord God of power and might,
heaven and earth are full,
full of your glory.
Hosanna, hosanna, hosanna,
Hosanna in the highest.
Blessed is he who comes,
who comes in the name of the Lord.
Hosanna, hosanna, hosanna,
Hosanna in the highest.

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will. On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim our hope.

(Sung) CP #723

Dying, you destroyed our death,
rising you restored our life.
Lord Jesus, come in glory.

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever. Amen, amen. CP #725

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

We break this bread,
All: Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.
All: If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.

The Communion

Lamb of God, you take away the sins of the world: have mercy on us
Lamb of God, you take away the sins of the world: have mercy on us
Lamb of God, you take away the sins of the world: grant us peace
Music by Marjorie Landsmark-DeLewis

The Gifts of God, for the people of God. Thanks be to God.

*This community of faith,
welcomes to the Lord's table
all who are baptized and who wish to be nourished
with the Body and Blood of Christ.*

Communion Hymn #179 'Tree of Life and Awesome Mystery'

Prayer after Communion

Creator of heaven and earth, we thank you for these holy
mysteries, which bring us now a share in the life to come, through
Jesus Christ our Lord. Amen.

Doxology

Glory to God,
whose power, working in us, can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing and Sending Out

May the Spirit who led Jesus in to the desert, lead you this Lent into the
depths of your heart so that you may experience the joys of Easter.
May the blessing of God almighty, the Father, + the Son and the Holy
Spirit be with you now and remain with you always. Amen.

Go in peace to love and serve the Lord. Thanks be to God.

Recessional Hymn #529 'God, My Hope on You is Founded'

Postlude: Prelude and Fugue in D – Hesse

NOTICES

THANK YOU!



The family of the late Reverend Michael Mitchell has been overwhelmed with the love and support shown during Michael's illness and recent death. Thank you to the Most Rev. Archbishop Ron Cutler and Rev. Alvin Westgate for the beautiful celebration of Michael's life. To Barbara Butler and choir of St. John's Church and volunteer choir members, the music was outstanding. Also, thank you to soloist, Mike Hatcher and Gary Ramey for the beautiful "Hallelujah" during the service. Thank you Heather Eisenhower & Duncan Crowdis for your reflections of Michael's life, which conveyed his love of St. John's, music and his family. Thank you to the ACW for the lovely luncheon at the reception and to those who so willingly donated and served. A heartfelt thank you for the exceptional professional service to Mike Zinck and staff of Sweeny's Funeral Home. Thank you for your generous memorial donations to St. John's and the Palliative Care of the South Shore. We are grateful for the love and support shown by your visits to our home and hospital, the food delivered to our home and for the many cards that we received. ~Holly

ANNUAL GENERAL MEETING

The Annual General Meeting will be held Sunday, March 11th after the 10:30am church service. Plan to attend and bring your favourite dish to share at the Pot Luck Luncheon after the service.

Please pick up your Newsletters today at the back of the church.

LENTEN CAFÉ, FELLOWSHIP & WORSHIP

The Lenten Café will be held at Zion Lutheran Church on Wednesday from 11am - 11:45am. February 28 - Central United, March 14 - St. Barnabas, Blue Rocks, March 21 - St. Andrew's Presbyterian
The community is encouraged to attend these services.

- Lenten Music & Meditation will be held at St. John's Church each Wednesday during Lent at 12 Noon.
- Soup Luncheons will be held Wednesday, April 25, May 2, & 9 at Central United Church 11:30am - 1:30pm. Cost is \$9.00.

Music and Meditation this Wednesday at noon:

Our guest, pianist/vocalist Glenn Patscha is a musician of many talents. He is the founder of the critically acclaimed band 'Ollabelle' in New York, and has recently relocated to Mahone Bay. All are warmly invited to attend. Free will offering in support of St. John's Music Program.

FOOD, FUN AND FELLOWSHIP! All ladies of the parish are invited to the annual Pot-Luck Luncheon and Mystery Auction TOMORROW at 12 Noon in the parish hall. Come, enjoy and bring a friend.

More Mission School – Module 2

Please note that the Diocese will be holding module 2 of the More Mission at Holy Trinity Church Hall in Bridgewater on Saturday, March 3rd from 9:30am to 3:30pm. This a great opportunity to get some ideas as St. John's works through our own 5 year vision. There is no cost but you must pre-register on line through the Diocesan Web site....Deadline is midnight February 28th.

CHURCH HUMOUR:

Everything you need to know about life can learned from Noah's Ark.

One : Don't miss the boat.

Two: Remember that we are all in the same boat.

Three : Plan ahead. It wasn't raining when Noah built the Ark.

Four : Stay fit. When you're 600 years old, someone may ask you to do something really big.

Five : Don't listen to critics; just get on with the job that needs to be done.

Six : Build your future on high ground.

Seven : For safety sake, travel in pairs.

Eight : Speed isn't always an advantage. The snails were on board with the cheetahs.

Nine : When you're stressed, float a while.

Ten : Remember, the Ark was built by amateurs; the Titanic by professionals.

Eleven: No matter the storm, there's always a rainbow waiting.

SUNDAY SCHOOL DUTY SCHEDULE

Nursery...Missy Romkey/Alex Payne/Laura Eisner

Parish Contacts

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CHIMER Peter Allen 902-634-4668

TREASURER Dan Sargeant 902-237-9728

ALTAR GUILD Maureen Moffatt,

Ann Grandy, Barbara Simonds

PASTORAL VISITATION Vacant at this time

PRAYER & HEALING MINISTRY

Linda Macdonald 902-634-9473

SPIRITUAL DEVELOPMENT

Vacant at this time

HERITAGE Roger Demone 902-543-5753

MUSIC Jane Ritcey Moore 902-275-4834

PROPERTY Wayne Dodge 902-634-4885

LADIES' GUILD

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LAY READERS Roger Demone 543-5753

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Rena Demone 902-634-9644

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