



Welcome to the Church of Saint John this morning. This morning's readings from the sacred scriptures talk about the cost of discipleship. To follow the Messiah/the Christ is inevitably to suffer. God asks Moses to lead "my people, the Israelites, out of Egypt." As we read the rest of the story - Exodus, Leviticus, Numbers, and Deuteronomy, it was a difficult task for Moses. We, also, forget that Moses was over eighty years of age when he

reluctantly accepted God's call to ministry.

Paul who lives in the time after Jesus' death and passion, resurrection, ascension, and the descent of The Holy Spirit, in writing to the followers of Jesus in Rome that they are to "feed your enemy, if your enemy is hungry; if he is thirsty, give him something to drink.....do not be conquered by evil but conquer evil with good/love." I have lived in Canada all of my life, therefore, I do not know what it is like to live under a dictator or an occupying armed force. However, the early followers of Jesus live out their Christian belief under the Roman Empire and its forces. Paul was telling them to show love not evil. What courage, what strength, what commitment this took to show love rather than hate and evil.

Jesus tells the disciples for the first time what and why he has come to live with us. He will suffer death in Jerusalem, this is the path His Father has given to Him. Jesus in turn tells the disciples and us that this is our path also: "If you want to come after me, you must deny yourself, pick up the cross, and follow in my footsteps."

Peter represents the typical Christian, caught between faith and doubt, for whom the cross is a stumbling block. Thanks be to God that He gives us the Holy Spirit to enable us to follow in Jesus' footsteps.

Alvin+

St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: Reverend Michael H. Mitchell

*To all who mourn or need comfort,
To all who are weary and need rest,
To all who seek friendship,
To all who desire to grow in relationship with God
To all who yearn to pray,
To all who need a Saviour, And to all whoever will worship,
This Church of St. John's opens wide its doors
and in the name of Christ our Lord, says - WELCOME.*

LAY MINISTERS TODAY

Lay Readers: 8:30 am Barbara Eisenhauer

10:30 am Kevin Skinner, Velvet Eliuk

Lectors: 8:30 am Duncan Crowdis, Susan Foote

10:30am: Haigh Carthew, Sharon Green; Server: Aisling Curtin

Hostesses: Mary Francis, Mary Meisner

Sidespersons: Jim and Viola Green

NEXT SUNDAY SEPTEMBER 10TH

Lay Readers: 8:30 am Barbara Eisenhauer

10:30 am Charlene Demone, Velvet Eliuk

Lectors: 8:30 am Ben Smith, Roxie Smith

10:30am: Hazel Oliver, Rose Conrad; Server: Aisling Curtin

Hostesses: Dale Little, Blake Starratt

Sidespersons: Denyse & Michael Lee

The Holy Eucharist

Land of Rest

Prelude:

The Gathering of the Community

Please stand for Processional Hymn

Hymn #1 'Holy, Holy, Holy'

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

All And also with you.

All Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Glory To God

Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you
take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer. For
you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

The Collect of the Day Let us pray.

Author and Giver of all good things, graft in our hearts the love of
your name, increase in us true religion, nourish us in all goodness,
and of your great mercy keep us in the same; through Jesus Christ
our Lord, who lives and reigns with you and the Holy Spirit, one
God, now and for ever. Amen.

The Proclamation of the Word

A READING FROM THE BOOK OF EXODUS

Moses was keeping the flock of his father-in-law Jethro, the priest of
Midian; he led his flock beyond the wilderness, and came to Horeb, the
mountain of God. There the angel of the Lord appeared to him in a flame
of fire out of a bush; he looked, and the bush was blazing, yet it was not
consumed. Then Moses said, "I must turn aside and look at this great
sight, and see why the bush is not burned up." When the Lord saw that
he had turned aside to see, God called to him out of the bush, "Moses,
Moses!" And he said, "Here I am." Then he said, "Come no closer!
Remove the sandals from your feet, for the place on which you are
standing is holy ground." He said further, "I am the God of your father,
the God of Abraham, the God of Isaac, and the God of Jacob." And
Moses hid his face, for he was afraid to look at God. Then the Lord said,
"I have observed the misery of my people who are in Egypt; I have heard
their cry on account of their taskmasters. Indeed, I know their sufferings,
and I have come down to deliver them from the Egyptians, and to bring
them up out of that land to a good and broad land, a land flowing with
milk and honey, to the country of the Canaanites, the Hittites, the
Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the
Israelites has now come to me; I have also seen how the Egyptians
oppress them. So come, I will send you to Pharaoh to bring my people,
the Israelites, out of Egypt." But Moses said to God, "Who am I that I
should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I

will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

EXODUS 3:1-15

The Word of the Lord. Thanks be to God.

PSALM REFRAIN

The Lord has always been mindful of his covenant.

Give thanks to the Lord and call upon his name; make known his deeds among the peoples. Sing to him, sing praises to him, and speak of all his marvellous works. Glory in his holy name; let the hearts of those who seek the Lord rejoice. R

Search for the Lord and his strength; continually seek his face. Remember the marvels he has done, his wonders and the judgements of his mouth, O offspring of Abraham his servant, O children of Jacob his chosen. R

Israel came into Egypt, and Jacob became a sojourner in the land of Ham. The Lord made his people exceedingly fruitful; he made them stronger than their enemies; Whose heart he turned, so that they hated his people, and dealt unjustly with his servants. He sent Moses his servant, and Aaron whom he had chosen. Hallelujah! R

PSALM 105:1-6, 23-26, 45C

A READING FROM THE LETTER OF PAUL TO THE ROMANS

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good. ROMANS 12:9-21

The Word of the Lord. Thanks be to God.

Gospel Procession #434 'The Love of Jesus Calls Us'

Reader The Lord be with you. People And also with you.
The Holy Gospel of Our Lord Jesus Christ According to Matthew
People Glory to you, Lord Jesus Christ.



From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers,

let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

MATTHEW 16:21-28

The Gospel of Christ. Praise to you, Lord Jesus Christ.

REFLECTION

The Creed

United with Christians everywhere, we join in professing our faith as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

the communion of saints, the forgiveness of sins,

the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People Please kneel or sit for the prayers
Refrain: Lord, hear our prayer.

Diocesan Cycle: Parish of Digby-Weymouth, Rev. Laura McCue; Parish of New Ross, Rev. Judi Phillips.
Local Ministerial: Pray for the congregation of Zion Lutheran Church and Rev. Rick Pryce and Deborah. Please continue to hold Father Michael Mitchell and his wife, Holly in your prayers.
Fisheries: Adams & Knickle - Cachalot I;
Clearwater - Atlantic Preserver; Tall Ship - Bluenose II.

Confession and Absolution

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners and invites them to his table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you,
pardon + and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life; through Jesus Christ our Lord.

The Peace All stand, and the celebrant addresses the people.

The peace of the Lord be always with you.
And also with you. We greet one another in the name of the Lord.

The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn #44 I 'Thee Will I Love, My Strength, My Tower'

Representatives of the parish present the gifts of bread and wine for the Eucharist. Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church to be placed on the altar.

The Prayer Over The Gifts

Merciful God, receive all we offer you this day. Give us grace to love one another that your love may be made perfect in us. We ask this in the name of Jesus Christ our Lord. Amen.

The Great Thanksgiving - Eucharistic Prayer

The Lord be with you. And also with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right to thank you and praise you, holy and gracious God, creator of all things, ruler of heaven and earth, sustainer of life, for you are the source of all goodness, rich in mercy and abounding in love; you are faithful to your people in every generation, and your word endures for ever. We praise you Lord, with all the angels, in their song of joy.

CP #719 Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, Hosanna in the highest.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world.
In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had

given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Let us proclaim the mystery of faith. (Sung.)
CP #720 Christ has died, Christ is risen, Christ will come again.

We offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours almighty Father, now and forever. Amen. (Sung 3x) CP #721

The Lord's Prayer

Let us pray for one another, that we may have the grace and wisdom to support each other in carrying the crosses of our daily lives:

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution, and says:

We break this bread to share in the body of Christ.

All We, being many, are one body,
for we all share in the one bread.

The celebrant invites the people to share in communion and may say,

The gifts of God for the People of God.

People Thanks be to God.

The Communion CP# 745

Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, grant us your peace.

The celebrant and people receive communion.

The sacrament is given with the following words.

The body of Christ (given for you). The blood of Christ (shed for you).

The communicant responds each time, Amen.

Communion Hymns #61 'As We Gather At Your Table'; #64 'Author of Life Divine'

Prayer After Communion

Almighty God, you renew us at your table with the bread of life.
May your holy food strengthen us in love and help us to serve you in each other. We ask this in the name of Jesus Christ our Lord. Amen.

Doxology

Glory to God

whose power working in us

can do infinitely more than we can ask or imagine.

Glory to God, from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing & Dismissal

May the peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God and of his son, Jesus Christ. And the blessing of almighty God, the Father, + the Son and the Holy Spirit be with you now and remain with you always.
Amen.

Go in peace to love and serve the Lord.

Thanks be to God.

Recessional Hymn #537 'In the Cross of Christ, I Glory'

Postlude:

Service adapted from the Book of Alternative Services
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ANNUAL FISHERMEN'S MEMORIAL SERVICE

The Annual Fishermen's Memorial Service to honour those who have been lost at sea from Lunenburg County ports will be held on Sunday, September 10th on the Lunenburg waterfront at 2pm. The Blessing of the Fleet will follow. Everyone is welcome to attend.

VOLUNTEER TOUR GUIDE PROGRAM

The Student Tour Guides have headed back to university. We are once again looking for volunteers to help out with the Tour Guide Program. Shifts are flexible. Anyone wishing to volunteer, please contact Jane Ritcey Moore in person or at home 902-275-4834 and leave a message.

SUNDAY SCHOOL

Welcome back to Sunday School on September 10th, at 10:30am. We will all meet at the church for our youth message and continue to the parish hall for regular lesson and activity time. Any questions please contact Rena Demone 902-277-0826.

HANDBELL REHEARSAL

The first Handbell rehearsal will be held September 5th. Handbell members are invited to a dessert party at Sharon Hill's home at 6:30pm, followed by the rehearsal at the Church afterwards. Regular rehearsals will resume at 6:30pm on Tuesdays.

Guest Presenters/Upcoming Events

With the summer months almost behind us, we have a busy schedule lined up this fall. The following is a list of currently scheduled events and guests coming to share their clerical insights with us:
 Sunday 10 September services – Allie Colp; Diocesan Youth Coordinator
 Sunday 10 September (2pm) – Fishermen's Service on the waterfront
 Sunday 1 October services – Lisa Vaughan; Diocesan Parish Vitality Coordinator
 Sunday 22 October services – Archbishop Fred Hiltz followed by a Congregational Potluck lunch
 Sunday 5 November services – Archbishop Ron Cutler followed by a Congregational Potluck lunch



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