



Good morning and welcome to the Church of Saint John. Jesus extends an invitation to us this morning: "Come to me, all you who labour." We all need rest, whether it be from the burdens of life, work, or home.

In our world today, some people see the burdens that they are carrying are too much and decide to end their life. I think that this has always been so.

Jesus' invitation invites us to bring our burdens to Him and He will provide us with rest.

Since we have a relation of love and trust with The High King of Heaven, we can come to Him as we are and know that we will be received.

*Father Alvin+*

LAY MINISTERS TODAY

Lay Readers: 8:30 am Bill Black; 10:30 am Susan MacMillan, Robert MacMillan

Lectors: 8:30 am Christina Pottie, Carolyn Hogg

10:30am Sharon Green, Ann Grandy; Server: Aisling Curtin

Sidespersons: Carrie & Audrey Skinner

Hostesses: Sharon Green, Patty Tanner

NEXT SUNDAY JULY 16TH

Lay Readers: 8:30 am Bill Black; 10:30 am Robert MacMillan, Roger Demone

Lectors: 8:30 am Maureen Moffatt, Duncan Crowdis

10:30am Aisling Curtin, Heather Hyson; Server: Aisling Curtin

Sidespersons: Betty & Elroy Creaser

Hostesses: Ann Grandy, Carolyn White

# St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: The Rev. Michael H. Mitchell

*To all who mourn or need comfort,  
To all who are weary and need rest,  
To all who seek friendship,  
To all who desire to grow in relationship with God  
To all who yearn to pray,  
To all who need a Saviour, And to all whoever will worship,  
This Church of St. John's opens wide its doors  
and in the name of Christ our Lord, says - WELCOME.*

### "The Finlaystone Prayer"

"O God, make the door of this house wide enough to receive  
All who need human love and fellowship and the Heavenly Father's care;  
And narrow enough to shut out all envy, pride and hate.  
Make its threshold smooth enough to be no stumbling-block to children,  
Nor to straying feet; but rugged enough to turn back the tempter's power:  
Make it a gateway To Your eternal kingdom."

Bishop Thomas Ken (1637-1711)

# The Holy Eucharist

Communion Setting - Land of Rest

## The Gathering of the Community

Prelude: Liebster Jesu – J. S. Bach

Please stand for Processional Hymn  
Hymn #508 'I Heard the Voice of Jesus Say'

### GREETING

Celebrant The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with you all.  
All And also with you.

All Almighty God,  
to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

### Glory To God

Celebrant Glory to God in the highest,  
All and peace to his people on earth.  
Lord God, heavenly king, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

The Collect of the Day Let us pray.

Almighty God, your Son Jesus Christ has taught us that what we do for the least of your children we do also for him. Give us the will to serve others as he was the servant of all, who gave up his life and died for us, but lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

### A READING FROM THE BOOK OF GENESIS

Eliezer said, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son.' I came today to the spring, and said, 'O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also" let her be the woman whom the Lord has appointed for my master's son.' Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder, and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.' So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left." And they called Rebekah, and said to her, "Will you go with this man?" She said, "I will." So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, "May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes." Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from

the camel, and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death. GENESIS 24:34-38, 42-49, 58-67

PSALM REFRAIN Nations shall praise you for ever.

"Hear, O daughter; consider and listen closely; forget your people and your father's house. The king will have pleasure in your beauty; he is your master; therefore do him honour. The people of Tyre are here with a gift; the rich among the people seek your favour." R

All glorious is the princess as she enters; her gown is cloth-of-gold. In embroidered apparel she is brought to the king; after her the bridesmaids follow in procession. With joy and gladness they are brought, and enter into the palace of the king. R

"In place of fathers, O king, you shall have sons; you shall make them princes over all the earth. I will make your name to be remembered from one generation to another; therefore nations will praise you for ever and ever." R PSALM 45:11-18

A READING FROM THE LETTER OF PAUL TO THE ROMANS

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! ROMANS 7:15-25A  
The Word of the Lord. Thanks be to God.

Gospel Procession #354 'Come Thou Font of Every Blessing'

The Gospel

Reader The Lord be with you. People And also with you.  
THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MATTHEW People Glory to you, Lord Jesus Christ.

Jesus said, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did

not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." MATTHEW 11:16-19, 25-30

REFLECTION

The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.



The Prayers of the People  
Please kneel or sit for the prayers.

Response: Lord, hear our prayer.

Anglican Cycle of Prayer: Pray for Okinawa - (Japan) The Rt Revd David Eisho Uehara.

Diocesan Cycle: Pray for the Parish of St. John's, Bedford, Rev Randy Townsend, and Debbie; Parish of Fall River, Rev Carl Fraser, and Gloria, Rev Jim Reid, Honorary Assistant, Reverend David Chapman, and Linda; Parish of French Village, Rev Brianna Andrews and Danny, Rev Richard Walsh, Honorary Assistant.

Local Ministerial: The Congregation of St. John's Anglican Church and the Rev'd Alvin Westgate and Cathy. Please continue your prayers for Rev. Michael Mitchell and Holly.

Fisheries: Adams & Knickle - Maude Adams;

Clearwater - Atlantic Preserver; Tall Ship - Bluenose II.

## Confession and Absolution

Dear friends in Christ,

God is steadfast in love and infinite in mercy;  
he welcomes sinners and invites them to his table.

Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,

All we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.

We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us,

that we may delight in your will,

and walk in your ways, to the glory of your name. Amen.

Celebrant

Almighty God have mercy upon you,  
pardon + and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life; through Jesus Christ our Lord.

**The Peace** All stand, and the celebrant addresses the people.

The peace of the Lord be always with you.

People: And also with you.

We greet one another in the name of the Lord.

Duet with Peter and Kate Dietz: Sound the Trumpet – Handel

## The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn #438 'O Jesus I Have Promised'

Representatives of the parish present the gifts of bread and wine for the Eucharist. Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church to be placed on the altar.

The Prayer Over The Gifts

God of heaven and earth, receive our sacrifice of praise, and strengthen us for the perfect freedom of your service, through our Saviour Jesus Christ. Amen.

## The Great Thanksgiving - Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; by water and the Holy Spirit you have made us a holy people in Jesus Christ our Lord; you renew that mystery in bread and wine and nourish us, to show forth your glory in all the world. Therefore with angels and archangels, and with all the holy people who have served you in every age, we raise our voices to proclaim the glory of your name.

CP #719 Holy, Holy, Holy lord

God of power and might

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest (repeat)

We praise you, merciful Father, not as we ought, but as we are able, because in your tender love you gave the world your only Son, in order that the world might be saved through him. He made you known by taking the form of a servant, healing the sick, liberating the oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross, he confronted the power of sin and disarmed it for ever. In his offering of himself, he became the perfect and sufficient sacrifice for the sins of the whole world. Redeemed by Christ, we have been adopted as your children; by your pardon you have made us worthy to praise you.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith, Father, according to his command,

CP #720 Christ has died.  
Christ is risen.  
Christ will come again.

Send your Holy Spirit on us that as we receive this bread and this cup we may partake of the body and blood of our Lord Jesus Christ, and feed on him in our hearts by faith with thanksgiving. May we be renewed in his risen life, filled with love, and strengthened in our will to serve others; and make of our lives, we pray, a pure and holy sacrifice, acceptable to you, knitting us together as one in your Son Jesus Christ, through him, with him, and in him, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, for ever and ever. (Sung.) Amen. Amen. Amen.

The Lord's Prayer

In thanksgiving for our daily bread we pray to God our Father, saying:

Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
for ever and ever. Amen.

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution, and says:

We break this bread to share in the body of Christ.

All We, being many, are one body,  
for we all share in the one bread.

The celebrant invites the people to share in communion and may say,  
The gifts of God for the People of God.

People Thanks be to God.

The Communion CP #745

Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: have mercy on us.  
Lamb of God, you take away the sins of the world: grant us peace.

The celebrant and people receive communion.  
The sacrament is given with the following words.  
The body of Christ (given for you). The blood of Christ (shed for you).  
The communicant responds each time, Amen.

Communion Hymn #60 'I Come with Joy'

Duet with Peter and Kate Dietz: Evening Hymn – Purcell

Prayer After Communion

O God, may we who have shared in holy things never fail to serve you in your world, and so come to the fullness of joy, in the name of Jesus Christ our Lord. Amen.

Doxology

Glory to God  
whose power working in us  
can do infinitely more than we can ask or imagine.  
Glory to God, from generation to generation,  
in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing & Dismissal

May the blessing of the Triune God, Father + Son, and Holy Spirit,  
be with you now and remain with you always. Amen.

Go in peace to love and serve the Lord.  
Thanks be to God.

Recessional Hymn #345 'King of Glory, King of Peace'

Postlude: Trumpet Tune – Telemann

NOTICES

BAPTISM will be held Sunday, August 6th at the 10:30 am service.  
Please contact the Parish Office at 634-4994 or  
[stjohnslunenburg@bellaliant.com](mailto:stjohnslunenburg@bellaliant.com) if you are interested in having a  
child or adult baptised.

There will be a Congregational Beach Party at Bachman's Beach,  
sponsored by Sunday School on July 23<sup>rd</sup> at 3:00pm. Bring your own  
picnic and we will provide dessert. Everyone welcome. Bring a friend.

### Music Announcements:

Our guests this week for Wednesdays at Noon on July 12 are Kristin Wöckel, soprano and Edmund Brownless, tenor and piano. A special addition this year includes a musical program at 1 pm at Harbour View Haven. Edmund and Kristin will sing for the residents there at that time. The congregation is warmly invited to attend either of these events.

On Wednesday, July 19 we will be honoured to welcome Dr. Roberta Bondar to Lunenburg in a performance with the Elmer Iseler Singers at 7:30 pm here at St. John's. Dr. Bondar was the first Canadian woman and the first neurologist to travel into space. High Flight: Songs of the Stars is a multi-media choral performance of sonic splendour combined with captivating photographs and images of space, highlighting music of the spheres by various well known Canadian composers as well as the performance of a work by Lydia Adams, with text by Dr. Roberta Bondar describing her experience of leaving Earth and coming back once again to its sublime beauty. Dr. Bondar will speak at the event about the search in the stars for new possibilities for life on other planets. Tickets are \$30 for general (\$10 for students at the door). Tickets are available at Shop on the Corner in Lunenburg and by reservation from the MR Box Office at 902-634-9994 or [musiqueroyale1985@gmail.com](mailto:musiqueroyale1985@gmail.com) and at the door.

The Lunenburg Folk Harbour Society is seeking volunteers to billet performers during the Festival this year from August 10th to 13<sup>th</sup>. Billeters offer a bed and breakfast for their guests and in return, receive a weekend pass to the Festival. If you feel you can help, please contact: Ruth Anne Whicher, Chair Performer Services 902-640-2246 or Cell: 902-523-0776 or Barbara Olivella, Billeting 902-640-2172 or 902-514-0219.

### CHURCH HUMOUR

#### Show and Tell

A kindergarten teacher gave her class a "show and tell" assignment. Each student was instructed to bring in an object that represented their religion to share with the class. The first student got up in front of the class and said, "My name is Benjamin and I am Jewish and this is a Star of David." The second student got up in front of the class and said, "My name is Mary. I'm a Catholic and this is a Rosary." The third student got in up front of the class and said, "My name is Tommy. I am Anglican, and this is a casserole."

### Parish Contacts

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