



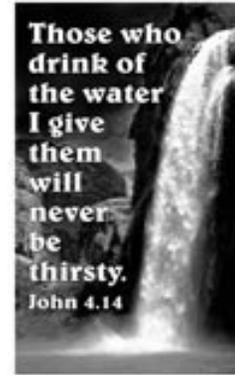
St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: The Rev. Fr. Michael H. Mitchell

*To all who mourn or need comfort,
To all who are weary and need rest,
To all who seek friendship,
To all who desire to grow in relationship with God
To all who yearn to pray,
To all who need a Saviour, And to all whoever will worship,
This Church of St. John's opens wide its doors
and in the name of Christ our Lord, says - WELCOME.*

Rector's Message



Welcome as we mark the Third Sunday in Lent. Today's Gospel tells a remarkable story about a Samaritan Woman who meets Jesus while drawing water from a well. In the Gospel, walls of hatred and division are broken down, as an offer of spiritual life-giving water is given to a thirsty soul.

At the well, Jesus breaks down racial, social and religious barriers. First to come down are the outer walls built up by deep-rooted cultural prejudices and religious laws. Women were regarded as second-class citizens and men and women did not speak in public. That Jesus would engage her in conversation was unheard of.

Second, she was a Samaritan and he was a Jew. Jews and Samaritans despised one another, believing the other to have corrupted the true religion. Third, Jesus asks her for a drink of water, which would have made him unclean according to Jewish laws.

Jesus is not finished. As he gains her trust, Jesus gently chips away at the walls that she has built up inside. Jesus challenges her to look at her relationships and instead she starts to talk about the proper place to worship. Yet, ever so gently, he leads her past her walls, beyond her doubts and insecurities, and into an authentic relationship of faith. Indeed, she experiences the new life of God gushing up within her like a fountain of water. She is so full that she runs off and shares her experience and brings others to know Jesus for themselves. She is a true apostle and evangelist.

As we continue our Lenten journey, may we be mindful of the walls in our own lives that keep us from entering into a deeper, more intimate relationship with God. With the Samaritan woman as our guide, let us open ourselves in honesty and truth to the One who is indeed Living Water.

Have a great week.

Michael

LAY MINISTERS TODAY

Lay Readers: 8:30 am Barbara Eisenhauer
10:30 am Heather Hyson, Holly Mitchell
Lectors: 8:30 am Duncan Crowdis, Susan Foote
10:30 am Rosemary Smith, John Collins; Server: Aisling Curtin
Sidespersons: 10:30 am Michael & Denyse Lee

NEXT SUNDAY MARCH 26TH

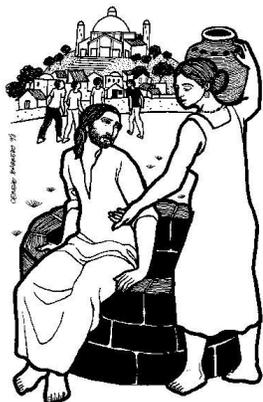
Lay Readers: 8:30 am Barbara Eisenhauer
10:30 am Holly Mitchell, Susan MacMillan
Lectors: 8:30 am Carolyn Hogg, Sandra Jordan; Server: Aisling Curtin
10:30 am Heather Eisenhauer, Sharon Green
Sidespersons: 10:30 am Louise & Bruce Holdbrook

proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation. ROMANS 5:1-11
The Word of the Lord. Thanks be to God.

Gospel Hymn #508 'I Heard the Voice of Jesus Say'

The Gospel

Reader The Lord be with you. People And also with you.
THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO
JOHN People Glory to you, Lord Jesus Christ.



Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit

and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth."
The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."
The Gospel of Christ. Praise to you, Lord Jesus Christ JOHN 4:5-42

Sermon

The Prayers of the People

Please kneel or sit for the prayers. Response: Lord, have mercy.

Anglican Cycle of Prayer: Pray for Mbale - (Uganda) The Rt Revd Patrick Gidudu.
Diocesan Cycle of Prayer: Pray for Anglican Churches of Pictou County, Rev Darlene Jewers, Rev Art Bourré, Asst. Priest, and Patricia Bourguignon, Rev Aidan Kingsbury, Assistant Priest, and Ruth; Liscomb with Port Bickerton, Rev Kristin MacKenzie and Michael.
Local Ministerial: The congregation of St. Norbert's Roman Catholic Church and Father James MacDonald, OMI.
Fisheries: Adams & Knickle - Chockle Cap on her farewell voyage; Tall Ship - Pictou Castle; Scientific Research Vessel - Joides Resolution.

Confession and Absolution

Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners and invites them to the table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.

Almighty God have mercy upon you,
pardon + and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord. Amen.

The Peace All stand, and the celebrant addresses the people.

The peace of the Lord be always with you.

People And also with you.

The assembly greets one another in the name of the Lord.

Choir Anthem: Lord of Mercy, Lord of Grace - Pethel

The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn #471 'Let My People Seek Their Freedom'

Representatives of the parish present the gifts of bread and wine for the Eucharist. Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church to be placed on the altar.

The Prayer over the Gifts Read by celebrant

Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. Amen.

The Great Thanksgiving - Eucharistic Prayer 2

The Lord be with you. And also with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Let us proclaim the mystery of faith.
Dying you destroyed our death, rising you restored our life.
Lord Jesus, come in glory.

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. Through him, with him and in him, in the unity of the Holy Spirit all glory and honour are yours almighty Father, for ever and ever. (Sung) Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread And forgive us our trespasses, as
we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution, and says:

We break this bread,

All: Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.

All: If we have died with him, we shall live with him;
if we hold firm, we shall reign with him.

The Gifts of God, for the people of God.

All: Thanks be to God.

Lamb of God

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us your peace.

The celebrant and people then receive communion.

The body of Christ (given for you). The blood of Christ (shed for you).

The communicant responds each time, Amen.

*This community of faith,
welcomes to the Lord's table
all who are baptized and who wish to be nourished
with the Body and Blood of Christ.*

During Communion, hymns may be sung and silence may be kept.

Communion Hymn #70 'Jesus, the Joy of Loving Hearts'

Announcements

Prayer after Communion

Let us pray. Standing, the community prays in silence.

God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord. Amen.

Doxology

Celebrant Glory to God,
whose power, working in us,

can do infinitely more than we can ask or imagine.

Glory to God from generation to generation, in the Church
and in Christ Jesus, for ever and ever. Amen.

Blessing & Dismissal

In this Eucharist God has quenched our thirst by giving us his Son Jesus. Now we are strong enough again to go the way of renewal and conversion to God and to others. Amen.

And the blessing of God almighty, Father + Son, and Holy Spirit, be with you now and remain with you always. Amen.

Go in peace to love and serve the Lord.

Thanks be to God.

Recessional Hymn #394 'Eternal, Unchanging'

Postlude: Sei gegrüßet (final variation) – J. S. Bach

NOTICES

Music Announcements:

Music and Meditation on Wednesday, March 22 at noon

Walter Delahunt, piano All are welcome to attend.

The Hatfield Chamber Choir from Durham University in England perform in concert at St. John's on Saturday, March 25 at 7 pm.

Tickets will be available at the door \$25.

The church sexton and custodian, Paul Woodley has tendered his resignation in pursuit of his career goals. While Paul will continue to work with us, in the meantime we are now searching for his replacement. If anyone is interested in this part time, flexible job, please let Michael or one of the wardens know.

LOBSTER SUPPER FUNDRAISER

Saturday, March 25th, 5pm – 6:30pm at Holy Trinity Parish Hall
\$30.00 per ticket, includes 1 ½ lb lobster, baked potato, coleslaw, roll, tea/coffee and dessert. Tickets available from Karen 902-523-3144 or the office 902-543-3440. Proceeds will be used for the final phase of Holy Trinity Church, Bridgewater restoration.

ST. LUKE'S MARKET

Saturday, April 29th 9am - 4pm at St. Luke's Parish Hall, 10 Shoreclub Road, Hubbards. There will be light lunch, tea and coffee available to purchase. Admission is \$2.00. Proceeds go to PWRDF.

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PWRDF announces another \$50,000 for East Africa emergency response. PWRDF is supporting two more appeals to address the

humanitarian crisis in East Africa through our memberships in the Canadian Foodgrains Bank and ACT Alliance. To address the famine in South Sudan, PWRDF has made a \$20,000 contribution through the Canadian Foodgrains Bank. This is further to the contribution in mid-February of \$50,000 to the ACT Alliance appeal for South Sudan and Kenya.

PWRDF is currently working with a partner group in South Sudan, who operates a project in the city of Juba that provides Child Friendly Spaces and school supplies to displaced families there. The schools serve porridge every morning to about 100 students, but teachers have noticed an increase in hungry children to about 300.

March 14 ACT Alliance announced an appeal to respond to the drought emergency in Somalia and PWRDF has pledged \$30,000 to the effort. Somalia's intense drought is the result of four seasons of inadequate rainfall. This lack of water has devastated crops and livestock, and in the worst affected areas families have no choice but to sell their possessions and borrow food and money to get by. PWRDF's gift will help ACT Somalia Forum members provide food, water, sanitation, education, health care, cash and livestock to people in need.

YOUR DONATION AND SUPPORT MAKES A DIFFERENCE!

Please make cheques payable to:

PWRDF, Emergency Response East Africa.



PWRDF

Anglicans in Canada are praying, acting and giving to those affected by this crisis. Please watch for updates on PWRDF's response to the situation at www.pwrdf.org, or follow us on Twitter @pwrdf or on Facebook @pwrdfcan.

Thank you for supporting PWRDF's continuing work of providing relief to the people of East Africa.

HERITAGE FAITH VISION

The "new Church" begun in 1754 took a few years to complete and for over 60 years did not have pews or heat. Built in the style of a New England Meeting House with a gallery on 3 sides and a round conical tower like many in Germany. Some of the lumber is believed to have come from the old King's Chapel in Boston which was being rebuilt in stone. The timbers were brought to Nova Scotia by a British Man O' War vessel. Our story will continue.

SUNDAY SCHOOL TEAM THIS WEEK

Nursery...Chasity Spindler... Assistants...Nikki Saunders, Laura Eisner
 Grade One...Sherry Skinner
 Grade Two...Lori Nickerson
 Upper Class...Emmi Fraser, Christina Pottie

Parish Contacts

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PRIEST ASSISTANT: (on leave) Rev. Louis Quennelle 902-527-0122
 • louisq@eastlink.ca
HONORARY ASSOCIATES: Rev. Linda Macdonald • 634-9473,
 Rev. Oliver Osmond • 634-8589, Rev. Alvin Westgate • 640-2484

PARISH WARDENS

Duncan Crowdis 902-521-9724 • Blake Starratt 902-634-9424
 • Robert MacMillan 902-527-0122

CHAIR OF PARISH COUNCIL

(to be determined)
ORGANIST/CHOIR DIRECTOR
 Barbara Butler 902-624-0506
HAND BELLS Sharon Hill 902-634-8781
HONORARY ORGANIST James Aulenbach
CHIMER Peter Allen 902-634-4668
TREASURER Dan Sargeant 902-237-9728
ALTAR GUILD Maureen Moffatt,
 Ann Grandy, Barbara Simonds
PASTORAL VISITATION
PRAYER & HEALING MINISTRY
 Holly Mitchell 902-634-8477
SPIRITUAL DEVELOPMENT
HERITAGE Roger Demone 902-543-5753
MUSIC Jane Ritcey Moore 902-275-4834
PROPERTY Wayne Dodge 902-634-4885
LADIES' GUILD
 Susan MacMillan 902-634-3019
ACW Barbara Nowe 902-634-4473
ACW CATERING Patty Tanner 543-3474
LAY READERS Roger Demone 543-5753
SERVERS Sheila Morris 902-634-3713

SUNDAY SCHOOL & NURSERY

Rena Demone 902-634-9644
TOURS Peter Allen 902-634-4668
CONGREGATIONAL DEVELOPMENT
 Mary Meisner 902-634-8429
FOOD BANK Laura Roblee 902-521-4823
MEALS ON WHEELS Laura Roblee
 902-521-4823, Barbara Simonds 902-634-3319
PLANNED GIVING
 Jim Eisenhauer 902-634-4713
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SAFER CHURCH
 Duncan Crowdis 902-640-2214
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 Holly Mitchell, Mary Wagner
CUSTODIAN Paul Woodley 902-212-1890
SEXTON Paul Woodley 212-1890
NEWSLETTER
 Janice & Brian Kenefick 902-764-2145
WEBSITE Grant Dixon 902-640-2897