



Dear friends, we are seeing sunrises earlier this year along with a later setting of the sun. The gift of light affects our lives in so many ways.

This time of year we also take note of the snow and ice. Along with these, come salt. Salt to clean our roads and walkways. Even in the midst of the storms, we have enjoyed many sunny days. The light enables us to walk and travel seeing where we are going, not as in the dark. And the salt, we often give thanks for the salt underfoot which melts and grips to create a sure path ahead.

Jesus uses these two striking images of light and salt to describe the identity of a disciple.

We are to be like salt and light in this world. What is striking in today's message is how much trust Christ puts in us, perhaps more than we do in him. He entrusts to us the mission of being his light shining in the world, the salt that preserves and spices the world with the aroma of the Gospel, the mission of being a city of light that attracts people to the Lord. What a responsibility! What joy and happiness!

Today, let us ask Jesus to kindle his light even more brightly in us. Blessings to you all and have a great week. *Michael+*

St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: The Rev. Michael H. Mitchell

*To all who mourn or need comfort
To all who are weary and need rest,
To all who seek friendship,
To all who desire to grow in relationship with God
To all who yearn to pray,
To all who need a Saviour, And to all who ever will worship,
This Church of St. John's opens wide its doors
and in the name of Christ our Lord, says - WELCOME.*

LAY MINISTERS TODAY

Lay Readers: 8:30 am Barbara Eisenhauer

10:30 am Holly Mitchell, Susan MacMillan

Lectors: 8:30 am Laura Roblee, Gill Osmond

10:30am Haigh Carthew, Margaret Shirley; Server: Aisling Curtin

Sidespersons: Carrie Skinner, Audrey Skinner

NEXT SUNDAY FEBRUARY 12TH

Lay Readers: 8:30 am Barbara Eisenhauer

10:30 am Sharon Green, Kevin Skinner

Lectors: 8:30 am Susan Foote, Carolyn Hogg

10:30am Lillian Keeping, Robert MacMillan; Server: Aisling Curtin

Sidespersons: Oran and Heather Hyson

PRAYER FOR THE WEEK

O God, the Lord of all, your Son commanded us to love our enemies and to pray for them. Lead us from prejudice to truth; deliver us from hatred, cruelty, and revenge; and enable us to stand before you and one another, reconciled through your Son Jesus Christ our Lord. Amen. BAS

The Holy Eucharist in Traditional Language

Sung Setting by John Marbecke, #677ff, in Common Praise

Prelude: O God Thou Faithful God – J.S. Bach

Announcements

Processional Hymn #393 'Immortal, Invisible, God Only Wise'

The Gathering of the Community

The grace of our Lord Jesus Christ, the light of the world,
and the love of God, and the fellowship of the Holy Spirit,
be with you all.

All And with thy spirit.

May our faces and actions reflect his light.

All Almighty God,
unto whom all hearts be open, all desires known,
and from whom no secrets are hid:
cleanse the thoughts of our hearts
by the inspiration of thy Holy Spirit,
that we may perfectly love thee,
and worthily magnify thy holy name;
through Christ our Lord. Amen.

The Summary of the Law

Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one
Lord; and thou shalt love the Lord thy God with all thy heart, and with
all thy soul, and with all thy mind, and with all thy strength.

This is the first and great commandment and the second is like unto it:
thou shalt love thy neighbour as thyself.

On these two commandments hang all the law and the prophets.

(Sung) # 677 CP

Lord, have mercy upon us, and write both these thy laws
in our hearts, we beseech thee.

Kyrie Eleison # 678 CP

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Gloria in Excelsis # 679 CP

Glory be to God on high,
and in earth peace, good will towards men.
We praise thee, we bless thee, we worship thee,
we glorify thee, we give thanks to thee for thy great glory,
O Lord God, heavenly king, God the Father almighty.

O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sin of the world, have mercy upon us.
Thou that takest away the sin of the world, receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us. For thou only art holy; thou only art the Lord; thou
only, O Christ, with the Holy Ghost, art most high in the glory of God the
Father. Amen.

The Collect of the Day

Celebrant Let us pray. The community prays silently. The celebrant then sings or
says the collect.

Loving Father, we are important to you, for you keep entrusting
to us the mission of making your name and your love known.
Strengthen us in our weakness, make us savour the message of the
Gospel, that in the footsteps of your Son Jesus we may bring your
light and taste to the world and carry out this task with great joy.
We make our prayer this through Christ our Lord. Amen.

The Proclamation of the Word

A READING FROM THE BOOK OF ISAIAH

Shout out, do not hold back! Lift up your voice like a trumpet!
Announce to my people their rebellion, to the house of Jacob their sins. Yet
day after day they seek me and delight to know my ways, as if they were a
nation that practised righteousness and did not forsake the ordinance of
their God; they ask of me righteous judgements, they delight to draw near
to God. "Why do we fast, but you do not see? Why humble ourselves, but
you do not notice?"

Look, you serve your own interest on your fast day, and oppress all
your workers. Look, you fast only to quarrel and to fight and to strike with a
wicked fist. Such fasting as you do today will not make your voice heard on
high. Is such the fast that I choose, a day to humble oneself? Is it to bow
down the head like a bulrush, and to lie in sackcloth and ashes? Will you call
this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to
loose the bonds of injustice, to undo the thongs of the yoke, to let the

oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. ISAIAH 58:1-9
 The Word of the Lord. Thanks be to God.

PSALM REFRAIN Happy are they who have given to the poor.
 Hallelujah! Happy are they who fear the Lord and have great delight in his commandments! Their descendants will be mighty in the land; the generation of the upright will be blessed. Wealth and riches will be in their house, and their righteousness will last for ever. R
 Light shines in the darkness for the upright; the righteous are merciful and full of compassion. It is good for them to be generous in lending and to manage their affairs with justice. R
 For they will never be shaken; the righteous will be kept in everlasting remembrance. They will not be afraid of any evil rumours; their heart is right; they put their trust in the Lord. R
 Their heart is established and will not shrink, until they see their desire upon their enemies. They have given freely to the poor, and their righteousness stands fast for ever; they will hold up their head with honour. R
 PSALM 112:1-9

A READING FROM THE FIRST LETTER TO THE CORINTHIANS
 When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.
 Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" - these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. I CORINTHIANS 2:1-12
 The Word of the Lord. Thanks be to God.

Gradual Hymn #450 'You Call Us, Lord, to Be'

Gospel The Lord be with you. People And with thy Spirit.
THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO MATTHEW People Glory be to thee, O Lord.



Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven." MATTHEW 5:13-20
 The Gospel of Christ. Praise be to thee, O Christ.

Sermon - Hymn #502 'You Are Salt for the Earth'

The Nicene Creed Let us confess our faith, as we say,
 I believe in one God, the Father almighty,
 maker of heaven and earth, and of all things visible and invisible;
 And in one Lord Jesus Christ, the only-begotten Son of God,
 begotten of the Father before all worlds, God, of God; Light, of Light;
 very God, of very God; begotten, not made;
 being of one substance with the Father;
 through whom all things were made:
 who for us and for our salvation came down from heaven,
 and was incarnate by the Holy Ghost of the Virgin Mary,
 and was made man,
 and was crucified also for us under Pontius Pilate.
 He suffered and was buried, and the third day he rose again
 according to the scriptures, and ascended into heaven,
 and sitteth on the right hand of the Father.
 And he shall come again with glory
 to judge both the quick and the dead:

whose kingdom shall have no end.
And I believe in the Holy Ghost, the Lord, the giver of life,
who proceedeth from the Father and the Son,
who with the Father and the Son together
is worshipped and glorified, who spake by the prophets.
And I believe one, holy, catholic, and apostolic Church.
I acknowledge one baptism for the remission of sins.
And I look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People Please kneel or sit for the prayers.
Response: Jesus, light of the world, hear our prayer.

Anglican Cycle of Prayer: Pray for Lomega - (Loryko, Sudan) The Rt
Revd Paul Yugusuk.
Diocesan Cycle: Pray for the Retired Clergy in the Prince Edward Island
Region.
Local Ministerial: The congregation of St. Andrew's Presbyterian
Church and Rev. Laurence Mawhinney and Marion.
Fisheries: Adams & Knickle - Cachalot I; Clearwater - Fundy Leader

Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and
charity with your neighbours, and intend to lead the new life, following
the commandments of God, and walking from henceforth in his holy
ways: draw near with faith, and take this holy sacrament to your comfort;
and make your humble confession to almighty God.

Silence is kept. The celebrant and people say together,

Almighty God, Father of our Lord Jesus Christ, Maker of all things and
judge of all people: We acknowledge and confess our manifold sins and
wickedness, Which we from time to time most grievously have
committed, By thought, word and deed, Against thy divine majesty. We
do earnestly repent, and are heartily sorry for these our misdoings.
Have mercy upon us, most merciful Father; For thy Son our Lord Jesus
Christ's sake, Forgive us all that is past; And grant that we may ever
hereafter Serve and please thee In newness of life, To the honour and
glory of thy name; Through Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who of his great mercy hath
promised forgiveness of sins to all them that with hearty repentance and
true faith turn unto him: + have mercy upon you; pardon and deliver you
from all your sins; confirm and strengthen you in all goodness; and bring
you to everlasting life; through Jesus Christ our Lord. Amen.

The Peace All stand, and the celebrant addresses the people.
The peace of the Lord be always with you.
And with thy spirit.
The assembly greets one another in the name of the Lord.

The Celebration of the Eucharist The Preparation of the Gifts

Offertory Hymn #465 'Here in this Place'

Representatives of the parish present the gifts of bread and wine for the
Eucharist. Each one as they are able, makes an offering to the Lord for the
needs and responsibilities of the Church to be placed on the altar.

The Prayer over the Gifts Read by celebrant

Loving God, your Son Jesus gives himself to us in these signs of
bread and wine as our tasty food and our drink of joy. By the power
that is in him, receive all that we offer and help us to bear witness that
life is meaningful and worth living, now and forever more. Amen.

The Great Thanksgiving

The Lord be with you. And with thy Spirit.
Lift up your hearts. We lift them up unto the Lord.
Let us give thanks unto our Lord God. It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times,
and in all places, give thanks unto thee, O Lord, holy Father, almighty,
everlasting God, creator and preserver of all things. Through Jesus Christ
our Lord, the Light of the world, who, in substance of our mortal flesh,
manifested forth his glory, that he might bring us out of darkness into his
own marvellous light. Therefore with angels and archangels, and with all the
company of heaven, we laud and magnify thy glorious name; evermore
praising thee and singing:

All # 683 CP

Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.
Blessed is he that cometh in the name of the Lord:
Hosanna in the highest.

All glory be to thee, O Lord our God, who didst make us in thine own
image; and, of thy tender mercy, didst give thine only Son Jesus Christ to
take our nature upon him, and to suffer death upon the cross for our

redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again; who, in the same night that he was betrayed, took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my body, which is given for you. Do this in remembrance of me." Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my blood of the new covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the body and blood of thy dearly-beloved Son Jesus Christ.

All We praise thee, we bless thee, we thank thee,
and we pray to thee, Lord our God.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this holy communion may worthily receive the most precious body and blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Spirit all honour and glory be unto thee, O Father Almighty, world without end. Amen.

The Lord's Prayer The celebrant introduces the Lord's prayer:

Aware that we are dependent upon God, let us pray:
Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution, and all say:

We do not presume to come to this thy table, O merciful Lord,
Trusting in our own righteousness, But in thy manifold and great mercies.
We are not worthy So much as to gather up the crumbs under thy table.
But thou art the same Lord, Whose property is always to have mercy:
Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son

Jesus Christ, And to drink his blood, That we may evermore dwell in him,
And he in us. Amen.

O Lamb of God, that takest away the sin of the world:
have mercy upon us.
O Lamb of God, that takest away the sin of the world:
have mercy upon us.
O Lamb of God, that takest away the sin of the world:
grant us thy peace.

The Anglican Church of Canada welcomes to Holy Communion,
all who are baptized and who wish to be nourished
with the Body and Blood of Christ.

Communion Hymn #645 'Come Down, O Love Divine'

The Prayer after Communion Read by celebrant

Lord our God, you have given us the salt and light of your Word
and the bread of life. May they make your Christian community
a city of light on a hill-top to bear witness to your integrity, love and
justice in this world. Accept our humble thanks for calling us to
praise your name and sustain us by the power of him who is the
light of the world, Jesus Christ our Lord. Amen.

Doxology

Glory to God,
whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing & Dismissal

May our love be like salt that makes life tasty and worthwhile.
May our Christian living be a light to those who live in darkness.
May our Christian communities be cities of light to be seen from afar
as signs that God lives and works in God's people.
And the blessing of God almighty, the Father, + the Son, and the Holy
Spirit be amongst you and remain with you always. Amen.
Go in peace and let your light shine as you serve the Lord.
Thanks be to God.

Recessional Hymn #505 'Be Thou My Vision'

Postlude: Finale from Sonata 6 - Mendelssohn

HERITAGE FAITH VISION

Curate

Walter Ernest Gilbert, born 1874, Southampton, Ontario was one of 10 children. He attended the Univ. of Toronto where he earned a BA in 1904 and then studied at Wycliffe College, Toronto in 1904-5. Ordained by Bishop Worrell at St. Luke's, Halifax on 19 June 1905, he arrived in Lunenburg on 20 June 1905 and began his curacy. He boarded in town at "a splendid boarding house, the price of \$4/week". We have extracts from some of his letters to his fiance and from there we learn he enjoyed swimming and rowing on the back harbour. He left here after one year and went to Vermillion, Alberta where he built a number of outlying missions. He left Alberta for Vancouver area and served there until his death in 1951. He married and had 4 children, two of whom became ordained Anglican clergy. Our story will continue.

ANNUAL GENERAL MEETING

Our Annual General Meeting will be held Sunday, February 12th after the 10:30 am church service. Plan to attend and bring your favourite dish to share at the Pot Luck Luncheon before the Meeting. Please keep the Annual Meeting in your prayers.

HELP WANTED! On the 2nd Tuesday of each month - October to May - the ACW caters a chowder luncheon in the parish hall. Often we are short of members. We are looking for ladies who would like to put their name on a list of "spares" that we might call if needed. **ALSO**, men are needed to help with the cleanup after the luncheon. If you are able to provide assistance, please contact Mary in the parish office. The rewards for coming in to make chowder or clean up include lots of fun and laughs and a great bowl of chowder. No experience needed!

Please support our neighbouring parishes and their ministers at the following Celebrations of New Ministry/ Induction Services: Rev. Chad McCharles - Thursday, February 9, 2017 - St. James, Mahone Bay; Rev. John Wright - Thursday, February 16, 2017 - St. Barnabas, Blue Rocks.

BAPTISM

The parish will celebrate Baptisms on February 19th. Anyone desiring baptism is asked to contact the office for information.

SOUPER MARKET

It's Winter, and that means SouperMarket time! The choirs and music committee of St. John's Church will present their sixth annual SouperMarket on Sat., February 11 from 11:00 am-1:30 pm in the Parish Hall. Hearty homemade soups, fresh rolls, and delicious desserts will be served in a cheerful café setting; take-out will be available. Check out the treasure tables for items. Tickets are \$10 (\$5 for students) and can be purchased at the door. All proceeds assist St. Johns' music programme.

SUNDAY SCHOOL TEAM THIS WEEK

Nursery....Chasity Spindler....Assistants Nikki Saunders and Laura Eisner
Grade One....Sherry Skinner....Assistant....Brooke Nodding
Grade Two....Christina Bower....Assistant...Alex Payne
Upper Class....Emmi Fraser....Assistant....Christina Pottie

Parish Contacts

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PRIEST ASSISTANT: (on leave) Rev. Louis Quennelle 902-527-0122 • louisq@eastlink.ca
HONORARY ASSOCIATES: Rev. Linda Macdonald • 634-9473, Rev. Oliver Osmond • 634-8589, Rev. Alvin Westgate • 640-2484

PARISH WARDENS

Heather Eisenhauer 902-634-4713 • Duncan Crowdis 902-521-9724

CHAIR OF PARISH COUNCIL

Heather Eisenhauer 902-634-4713

ORGANIST/CHOIR DIRECTOR

Barbara Butler 902-624-0506

HAND BELLS Sharon Hill 902-634-8781

HONORARY ORGANIST James Aulenbach

CHIMER Peter Allen 902-634-4668

TREASURER Cammy Tibbo 902-530-6034

ALTAR GUILD Maureen Moffatt,

Ann Grandy, Barbara Simonds

PASTORAL VISITATION

PRAYER & HEALING MINISTRY

Holly Mitchell 902-634-8477

SPIRITUAL DEVELOPMENT

HERITAGE Roger Demone 902-543-5753

MUSIC Jane Ritcey Moore 902-275-4834

PROPERTY Wayne Dodge 902-634-4885

LADIES' GUILD

Susan MacMillan 902-634-3019

ACW Barbara Nowe 902-634-4473

ACW CATERING Patty Tanner 543-3474

LAY READERS Roger Demone 543-5753

SERVERS Sheila Morris 902-634-3713

SUNDAY SCHOOL & NURSERY

Rena Demone 902-634-9644

TOURS Peter Allen 902-634-4668

CONGREGATIONAL DEVELOPMENT

Mary Meisner 902-634-8429

FOOD BANK Laura Roblee 902-521-4823

MEALS ON WHEELS Laura Roblee

902-521-4823, Barbara Simonds 902-634-3319

PLANNED GIVING

Jim Eisenhauer 902-634-4713

PWRDF

REGIONAL COUNCIL

Mary Meisner, Velvet Eliuk, Betty Lou Olivier

SAFER CHURCH

Duncan Crowdis 902-640-2214

SYNOD DELEGATES

Holly Mitchell, Mary Wagner

CUSTODIAN Paul Woodley 902-212-1890

SEXTON Paul Woodley 212-1890

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Janice & Brian Kenefick 902-764-2145

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