



St. John's Anglican Church

Lunenburg, Nova Scotia

Rector: Archdeacon Michael H. Mitchell

*To all who mourn or need comfort,
 To all who are weary and need rest,
 To all who seek friendship,
 To all who desire to grow in relationship with God
 To all who yearn to pray,
 To all who need a Saviour, And to all whoever will worship,
 This Church of St. John's opens wide its doors
 and in the name of Christ our Lord, says - WELCOME.*

Rector's Message



Welcome to St. John's on this Fifth Sunday in the Season of Lent. The prophet Ezekiel tells the people, who find themselves in exile and feeling 'like dead and forgotten' people, that God is a God of life, who will "bring you up from your graves. O my people." These are words that offer hope in every generation.

In today's gospel lesson, we see that Jesus has power over life and death. We are also shown a very human Jesus who grieves over the death of his friend Lazarus. One of the briefest statements we ever hear about Jesus is found in today's gospel, in two words: "Jesus wept." How very human to feel the full impact of grief! How comforting to know that Jesus feels like we do at times. This is an important text for us, as life is so. Sooner or later every one of us is going to die. Our preparation for death should not just be for ourselves, but also for the loss of your loved ones, your best friend, your sister, your brother, your husband, your wife?

An ancient African saying is "There is no way out of the desert except through it." No amount of knowledge can prepare us for bereavement. Grief is the most intense and enduring emotion we can experience. There is no quick fix. No short-cut.

Jesus reveals to Martha and Mary, "I am the resurrection and the life." He lifts their vision of life beyond anything they or we, could imagine. As we continue our Lenten journey, let us be mindful of the dying and rising to new life around us, in those coping with persistent illness, pain, loneliness or perhaps experiencing a personal or family crisis. Let us in Christ, reaffirm our faith and trust in the God of life. God bless and have a great week.

Michael+

LAY MINISTERS TODAY

Lay Readers: **8:30 am** Barbara Eisenhauer
10:30 am Susan MacMillan, Robert MacMillan, Roger Demone
Lectors: **8:30 am** Ed & Sandra Jordan
10:30 am Sandra MacDonald, Robert MacMillan
Sidespersons: **10:30 am** Angie & Alex Payne; **Server:** Aisling Curtin

NEXT SUNDAY APRIL 13TH

Lay Readers: **8:30 am** Barbara Eisenhauer; **Server:** Aisling Curtin
10:30 am Sheila Morris, Holly Mitchell, Sharon Green
Lectors: **8:30 am** Cathy Ramey, Susan Foote
10:30 am Margaret & Roger Mason
Sidespersons: **10:30 am** Audrey Morgan, Debbie Chapman

The Holy Eucharist in Traditional Language

Prelude: Out of the Depths I Cry to Thee, O Lord – J. S. Bach

Welcome and Announcements

Please stand for Processional Hymn

Processional Hymn #306 'O For a Thousand Tongues to Sing'

The Gathering of the Community

The grace of our Lord Jesus Christ,
the love of God and the fellowship of the holy Spirit,
be with you all.

All And with thy Spirit.

Almighty God,

**All unto whom all hearts be open, all desires known,
and from whom no secrets are hid:
cleans the thoughts of our hearts
by the inspiration of thy Holy Spirit,
that we may perfectly love thee,
and worthily magnify thy holy name;
through Christ our Lord. Amen.**

The Summary of the Law

Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord;
and thou shalt love the Lord thy God with all thy heart, and with all thy
soul, and with all thy mind, and with all thy strength.

This is the first and great commandment and the second is like unto it: thou
shalt love thy neighbour as thyself.

On these two commandments hang all the law and the prophets.

(Sung) # 677 CP

**Lord, have mercy upon us
and write both these thy laws
in our hearts, we beseech thee.**

**Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.**

The Collect of the Day

Let us pray. *The community prays silently. The celebrant then sings or says the collect.*

Almighty God, your Son came into the world to free us all from sin
and death. Breathe upon us with the power of your Spirit, that we may be
raised to new life in Christ, and serve you in holiness and righteousness all
our days; through the same Jesus Christ, our Lord. **Amen.**

The Proclamation of the Word

A READING FROM THE BOOK OF EZEKIEL

The hand of the Lord came upon me, and he brought me out by the
spirit of the Lord and set me down in the middle of a valley; it was full of
bones. He led me all around them; there were very many lying in the valley,
and they were very dry. He said to me, "*Mortal, can these bones live?*" I
answered, "*O Lord God, you know.*" Then he said to me, "*Prophecy to these
bones, and say to them: O dry bones, hear the word of the Lord. Thus says the
Lord God to these bones: I will cause breath to enter you, and you shall live. I
will lay sinews on you, and will cause flesh to come upon you, and cover you with
skin, and put breath in you, and you shall live; and you shall know that I am the
Lord.*"

So I prophesied as I had been commanded; and as I prophesied,
suddenly there was a noise, a rattling, and the bones came together, bone
to its bone. I looked, and there were sinews on them, and flesh had come
upon them, and skin had covered them; but there was no breath in them.
Then he said to me, "*Prophecy to the breath, prophecy, mortal, and say to the
breath: Thus says the Lord God: Come from the four winds, O breath, and
breathe upon these slain, that they may live.*" I prophesied as he commanded
me, and the breath came into them, and they lived, and stood on their feet,
a vast multitude.

Then he said to me, "*Mortal, these bones are the whole house of Israel.
They say, 'Our bones are dried up, and our hope is lost; we are cut off
completely.' Therefore prophecy, and say to them, Thus says the Lord God: I am
going to open your graves, and bring you up from your graves, O my people; and
I will bring you back to the land of Israel. And you shall know that I am the Lord,
when I open your graves, and bring you up from your graves, O my people. I will
put my spirit within you, and you shall live, and I will place you on your own soil;
then you shall know that I, the Lord, have spoken and will act,*" says the Lord.
The Word of the Lord. **Thanks be to God.** EZEKIEL 37:1-14



The Lord shall re - deem us from all our sins.

Out of the depths have I called to you, O Lord; Lord, hear my voice; let your ears consider well the voice of my supplication. **R**

If you, Lord, were to note what is done amiss, O Lord, who could stand? For there is forgiveness with you; therefore you shall be feared. **R**

I wait for the Lord; my soul waits for him; in his word is my hope. My soul waits for the Lord, more than watchmen for the morning, more than watchmen for the morning. **R**

O Israel, wait for the Lord, for with the Lord there is mercy; With him there is plenteous redemption, and he shall redeem Israel from all their sins. **R**

PSALM 130

A READING FROM THE LETTER OF PAUL TO THE ROMANS

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord. **Thanks be to God.**

ROMANS 8:6-11

Gospel Hymn #345 'King of Glory, King of Peace'

The Gospel

Reader The Lord be with you. **People And with their spirit.**

THE HOLY GOSPEL OF OUR LORD JESUS CHRIST ACCORDING TO JOHN **People Glory be to thee, O Lord.**



Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it."

Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was. Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just

now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will be all right." Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world." When she had said this, she went back and called her sister Mary, and told her privately, "The Teacher is here and is calling for you." And when she heard it, she got up quickly and went to him.

Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, "Where have you laid him?" They said to him, "Lord, come and see." Jesus began to weep. So the Jews said, "See how he loved him!" But some of them said, "Could not he who opened the eyes of the blind man have kept this man from dying?"

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, "Take away the stone." Martha, the sister of the dead man, said to him, "Lord, already there is a stench because he has been dead four days." Jesus said to her, "Did I not tell you that if you believed, you would see the glory of God?" So they took away the stone. And Jesus looked upward and said, "Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me." When he had said this, he cried with a loud voice, "Lazarus, come out!" The dead man came

out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, "Unbind him, and let him go." Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

JOHN 11:1-45

The Gospel of Christ. **Praise be to thee, O Christ.**

Sermon

The Apostles Creed

**I BELIEVE in God the Father Almighty,
Maker of heaven and earth:
And in Jesus Christ his only Son our Lord,
the Virgin Mary, Suffered under Pontius Pilate,
Was crucified, dead, and buried: He descended into hell;
The third day he rose again from the dead;
He ascended into heaven, And sitteth on
the right hand of God the Father Almighty;
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost; The holy Catholic Church;
The Communion of Saints; The Forgiveness of sins;
The Resurrection of the body,
And the Life everlasting. Amen.**

The Prayers of the People

Please kneel or sit for the prayers. **Response: Lord, have mercy upon us.**

Confession and Absolution

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

Silence is kept. The celebrant and people say together,

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: + have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The Peace *All stand, and the celebrant addresses the people.*

The peace of the Lord be always with you.

And with thy Spirit.

The assembly greets one another in the name of the Lord.

The Celebration of the Eucharist

The Preparation of the Gifts

Offertory Hymn #501 'Through All the Changing Scenes of Life'

We welcome to our Eucharist the Sunday School children and teachers.

Representatives of the parish present the gifts of bread and wine for the Eucharist. Each one as they are able, makes an offering to the Lord for the needs and responsibilities of the Church to be placed on the altar.

The Prayer Over the Gifts *Read by celebrant.*

Giver of life, your Son has destroyed the power of death for all those who believe in him. Accept all we offer you this day and strengthen us in faith and hope; through Jesus Christ, the Lord of all the living. **Amen.**

The Great Thanksgiving

The Lord be with you.

And with thy Spirit.

Lift up your hearts.

We lift them up unto the Lord.

Let us give thanks to our Lord God. **It is meet and right so to do.**

Preface for Lent

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things. Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the Eucharistic mystery, we may be more fervent in prayer and more generous in works of love. Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and singing:

**# 683 Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.
Blessed is he that cometh in the name of the Lord:
Hosanna in the highest.**

Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me." Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "*Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.*"

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

**All We praise thee, we bless thee, we thank thee,
and we pray to thee, Lord our God.**

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The Lord's Prayer *The celebrant introduces the Lord's prayer:*
**Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The celebrant breaks the consecrated bread for distribution, and all say:

We do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

**O Lamb of God, that takest away the sin of the world:
have mercy upon us.**

**O Lamb of God, that takest away the sin of the world:
have mercy upon us.**

**O Lamb of God, that takest away the sin of the world:
grant us thy peace.**

*This community of faith,
welcomes to the Lord's table
all who are baptized and who wish to be nourished
with the Body and Blood of Christ.*

During Communion, hymns may be sung and silence may be kept.

Communion Hymn #542 "Out of the Depths"

Anthem following Communion:

'Contemplation of the Cross, The Mind of Christ - setting K. Lee Scott'

Children's Time and Music Moment:

Verse 2 - In the Bulb there is a Flower

There's a song in every silence, seeking word and melody;
there's a dawn in every darkness, bringing hope to you and me.
From the past will come the future; what it holds, a mystery,
unrevealed until its season, something God alone can see.

Prayer after Communion

Let us pray. *Standing, the community prays in silence.*

God of hope, in this Eucharist we have tasted the promise of your heavenly banquet and the richness of eternal life. May we who bear witness to the death of your Son, also proclaim the glory of his resurrection, for he is Lord for ever and ever. **Amen.**

Doxology

Glory to God,
**whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation, in the Church
and in Christ Jesus, for ever and ever. Amen.**

Blessing & Dismissal

May the Spirit who raised Jesus from the dead be alive in you.

May we live Jesus' life to the full now, that we may be raised up on the last day. May Jesus, the Lord of life, live within you always. **Amen.**
And may the blessing of God almighty, the Father, + the Son and the Holy Spirit be with you now and remain with you always. **Amen.**

Go in peace to love and serve the Lord. **Thanks be to God.**

Recessional Hymn #649 'Breathe on Me, Breath of God'

Postlude: Fugue in D minor - Mendelssohn

Prayer of the Week

*Dear Lord, Please help me in this time of loss and overwhelming grief. I don't understand why my life is filled with this pain and heartache. But I turn my eyes to you as I seek to find the strength to trust in your faithfulness. I will wait on you and not despair; I will quietly wait for your salvation. My heart is crushed, but I know that you will not abandon me forever. Please show me your compassion, Lord. Help me through the pain so that I will hope in you again. I believe this promise in your Word to send me fresh mercy each day. Though I can't see past today, I trust your great love will never fail me. **Amen.***

NOTICES

PLEASE JOIN US DOWNSTAIRS FOLLOWING EACH SERVICE TODAY FOR OUR FINAL LENTEN TIME OF REFLECTION. THIS WEEK, WE WILL FOCUS ON THE STORY OF JESUS, RAISING LAZARUS FROM THE DEAD. ALL ARE WELCOME.

Wednesdays in Lent: You are invited to participate in the various events taking place on Wednesdays. The Lenten Café at Zion Lutheran, Music & Meditation at St. John's and Soup Luncheons at Central United.

Wednesday Music and Meditation:

Wed., April 9 at noon - St. John's Lutheran Choir: Jane Kristenson, director

BAPTISM AT ST. JOHN'S - Easter is the preferred Season for Baptism in the Church, as we celebrate the risen life of Christ in us. We will be celebrating baptisms at the Easter Vigil, on Saturday, April 19th at 7 PM. Call the Parish office if you desire baptism for an adult or child.

The Bruised Reed: A Christian Reflection of Suffering and Hope

Join us on Friday, April 12th at 2pm. We will spend two hours together listening to stories written by authors such as Bishop George Elliott and Romeo Dallaire. Time in prayer, song and fellowship will be interwoven with the stories to help us on our journey through the suffering of Good Friday to the hope of Easter. ("The Bruised Reed" is prepared by the Commission on Faith and Witness of the Canadian Council of Churches. Used with permission.)

EASTER MEMORIALS

Easter Memorial Donations are being accepted in Memory of Departed Loved Ones. Special funds you may contribute to are the **Memorial Fund, Rector's Discretionary Fund, Flower Fund and Food Bank**. Please call the Parish office so that acknowledgments can be included in our Easter bulletin.



PALM SUNDAY

Join us on Palm Sunday at 9:30am for our first **'Walk with the Donkey'** as we mark the entrance of Jesus into Jerusalem riding a donkey.

Holy Scripture tells us that the crowds welcomed Jesus as the Messiah with loud shouts and songs of 'Hosanna'. They waved **Palm Branches** and laid them before his path and they **laid their coats** upon the pathway in front of him as a sign of respect for Jesus.

Our procession will begin on the Waterfront at 9:30am and we will

slowly make our way to the church parade for 10:15am. There we will hold the **Liturgy of the Palms** and then process into the church to continue the service at 10:30am. There is only **one** service on Palm Sunday.

As people brought their coats to Jesus, we invite you to bring along a coat in good condition to be given to those who are in need of a coat. They may be coats of any season. We will bring these in the procession and carry them into the church as an offering to the Lord for those who are less fortunate than ourselves.

This is a new initiative for St. John's and we invite not only parishioners, but the entire community to join in this 'Walk with the Donkey'. Please invite your friends, family and neighbours to join in.



Seder Supper - Tuesday in Holy Week

Once again, St. John's will celebrate the Seder Meal during Holy Week. The Seder is the meal which Jesus celebrated at the Jewish Passover in the Upper Room with his disciples. We remember this meal as the "Last Supper". We commemorate it every Maundy Thursday and each time we come together for Eucharist.

This year the supper will begin at **6:00PM** in the Parish Hall on **Tuesday, April 15th**. Please mark the date on your calendar. It has become a very popular event for people of all ages.

Would you care to contribute to the meal by helping with food or preparations? Please contact the parish office or Louis at louisq@eastlink.ca or 527-0122.

Sign up sheets will be available at the back of the church to help us plan for the number who will attend.

HERITAGE INTERPRETIVE GUIDE POSITIONS

St. John's Anglican Church, Lunenburg, a National Historic Site, is now accepting resumes for Heritage Interpretive Guide positions.

Candidates must be students, returning to full time studies in the fall. Qualifications: outgoing, enthusiastic, self starter, team player, good communication skills, ability to interact with the public. Bilingualism is an asset. Duties include: providing guided tours of the Church, promoting and selling retail products, assisting with special events, maintenance of site, and acting as an ambassador for St. John's and Lunenburg. Please send covering letter and resume with references to: www.stjohnslunenburg@eastlink.ca or St. John's Anglican Church, Attn: Jane Ritcey, PO Box 238, Lunenburg, NS, B0J 2C0.

Lent

A Time to Strip Away the False Self

from The Way of the Cross
by **Sister Joan Chittister**

"Station 10: Jesus Is Stripped of His Garments"



Somewhere along the way, we each get stripped of what we have spent our lives acquiring, of things closest to our hearts, of possessions or positions that made us who we thought we were. Then, thrown back upon ourselves, we are left to discover who we have really become. It is a frightening moment, often an embarrassing one, always a difficult one. So much of life is spent attending to the show and glitter, the masks and trappings, the externals of our personal identities that we fail to notice what is lacking inside of us. The problem is, of course, that we don't miss what we don't have within us until we need it most. Then the lack of dignity, of self-containment, of simple joy, of deep sincerity, of spiritual serenity, of holy trust, of genuine humility becomes glaringly apparent. It's only at the point when we realize who we are not that we are ready to become someone worthwhile.

When we have finally stopped the posturing and personal exaggerations of life, the freedom that comes with being honest with the self and open with others leaves us perfectly free. Now, nothing can possibly shame us again. No one can say anything about us that we have not already admitted, if not to others, certainly to the self. Now we cannot be slighted because we know who we are. We cannot be embarrassed by the past because we have already embraced and confronted it. We cannot be left to the vultures of life because there is no way left to pick us to the bone that we have not already reckoned with ourselves. It is a moment of great liberation. It is a moment of new life.

Being willing to be yourself and nothing more is the beginning of truth, the essence of humility, the coming of peace.

RENEWAL OF CLERGY VOWS OF ORDINATION

Please keep the clergy of our parish and diocese in your prayer as they gather at the Cathedral this Wednesday evening and Thursday for a time of prayer, reflection and renewal of their Vows of ordination, together with Bishop Ron Cutler, our new Diocesan Bishop. At this time, the Bishop blesses the Holy Oils used for the Anointing of the Sick and Holy Chrism, used at Baptisms and Ordinations.

Easter At St. John's



Palm Sunday: April 13

ONE SERVICE TODAY

9:30am - 'Donkey Pilgrimage' throughout the Town, with parishioners, Sunday School and community joining in. Starting details yet to come.
10:30am - Liturgy of the Palms and Liturgy of the Passion with Holy Eucharist



Tuesday in Holy Week: April 15

6:00 pm Seder Supper in the Parish Hall. We partake of the ancient Passover Meal and hear the story of the Old Testament, leading up to the Messiah. Enjoy a delicious meal of Lamb or chicken. Free will offering.



Maundy Thursday: Thursday, April 17

7:00pm Maundy Thursday Service with the Washing of the Feet and the Liturgy of the Lord's Last Supper. Sign up for the Prayer Vigil.



Good Friday: April 18

10:00am The Liturgy of Good Friday commemorating the death of Christ, Solemn Petitions and the Veneration of the Cross
11:30am Ecumenical outdoor "Walk with the Cross" starts at St. John's Church following this service. All are welcome.



Easter Vigil: Holy Saturday, April 19

7:00pm The Liturgy of the Easter Vigil - one of the oldest prayers of the Church Lighting the New Fire and Pascal Candle, Baptisms and Renewal of Baptismal Vows.



Easter Sunday: April 20

8:30am Easter Holy Eucharist (BCP)
10:30am Easter Choral Holy Eucharist (BAS)

Parish Contacts

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Heather Eisenhauer 634-4713

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ORGANIST** Barbara Butler
624-0506

HAND BELLS Sharon Hill
634-8781

HONORARY ORGANIST

James Aulenbach

CHIMER Peter Allen 634-4668

TREASURER

Cammy Tibbo 530-6034

ALTAR GUILD

Joyce Creaser 634-4635

PASTORAL VISITATION

PRAYER & HEALING MINISTRY

Holly Mitchell 634-8477

SPIRITUAL DEVELOPMENT

Louis Quennelle 527-0122

HERITAGE Roger Demone 543-5753

MUSIC Jane Ritcey Moore 275-4834

PROPERTY

LADIES' GUILD

Susan MacMillan 634-3019

ACW Barbara Nowe 634-4473

ACW CATERING

Patty Tanner 543-3474

LAY READERS

Roger Demone 543-5753

SERVERS

Sheila Morris 634-3713

SUNDAY SCHOOL & NURSERY

Jennifer Green-Heisler 640-2088

TOUR PROGRAM

Peter Allen 634-4668

CONGREGATION DEVELOPMENT

Mary Meisner 634-8429

FOOD BANK

Laura Roblee 521-4823

MEALS ON WHEELS

Hazel Oliver 634-3236

PLANNED GIVING

Jim Eisenhauer 634-4713

PWRDF Katherine Owen 273-2279

REGIONAL COUNCIL

Velvet Eliuk, Mary Meisner,

Betty Lou Olivier

SYNOD DELEGATES

Robert MacMillan, Mike Lee,

Katharine Owen

CHURCH SEXTON

Ryan Francis 521-5595

HALL CUSTODIAN

Bruce Holdbrook 634-3510

NEWSLETTER

Janice & Brian Kenefick 764-2145

WEBSITE Grant Dixon 640-2897